

# FITNESS BENEFIT FORM

**MAIL THIS FORM DIRECTLY TO:**  
**BLUE CROSS BLUE SHIELD OF**  
**MASSACHUSETTS**  
**CLAIMS DEPARTMENT**  
**P.O. BOX 9131**  
**NORTH QUINCY, MA 02171-9131**  
**WHEN YOU CLAIM YOUR**  
**FITNESS BENEFITS FOR HEALTH**  
**CLUB MEMBERSHIP.**

Remember, you can only submit for your Fitness Benefit:

- After your employer has added the benefit. (Check with your employer if necessary to verify the date when coverage was added.)
- After you have been a member of a fitness club and Blue Cross Blue Shield of Massachusetts for at least four months in a calendar year.
- Once per calendar year, filed by March 31 of the following year, with all pertinent receipts.

## **Have you . . .**

- ☐ . . . written your Blue Cross Blue Shield ID number in the space provided?
- ☐ . . . listed a health club and/or exercise class in the Club/Class Information section?
- ☐ . . . enclosed all necessary contracts and receipts, showing the information requested?
- ☐ . . . signed and dated the completed form?

## **Questions?**

For further information, call our Member Service Department at the number on your ID card.

# FITNESS BENEFIT FORM

PLEASE PRINT ALL INFORMATION CLEARLY

DO NOT WRITE IN THIS SPACE  
OFFICE USE ONLY

## SUBSCRIBER INFORMATION (Person in whose name coverage is held.)

Identification Number      SUBSCRIBER'S LAST NAME      FIRST NAME      MIDDLE INITIAL

Address - Number and Street      City      State      Zip Code

Employer's Name

## MEMBER INFORMATION (Use a separate form for each member.)

Member's Last Name      First Name      Middle Initial      Date of Birth  
Mo. / Day / Year

Sex 1. <input type="checkbox"/> Male 2. <input type="checkbox"/> Female	Claimant is (Check one.)		
	1. <input type="checkbox"/> Subscriber (Coverage holder)	3. <input type="checkbox"/> Child (Age 18 or younger)	5. <input type="checkbox"/> Student (Age 19 or older)
	2. <input type="checkbox"/> Spouse (To coverage holder)	4. <input type="checkbox"/> Handicapped Dependent (Age 19 or older)	6. <input type="checkbox"/> Stepchild
	7. <input type="checkbox"/> Other (Specify) _____		

## WHEN TO SUBMIT THIS FORM:

- **After** your employer has added the benefit. (Check with your employer if necessary to verify the date when coverage was added.)
- **After** you have been a member of a health club and Blue Cross Blue Shield of Massachusetts for at least four months in a calendar year.
- **Once per calendar year**, filed by March 31 of the following year, with all pertinent receipts and health club contract.

## CLUB/CLASS INFORMATION REQUIRED (Attach itemized receipts and a copy of your health club contract to section noted at left.)

Name and Address of Health Club	Benefit Year*	Amount Charged	Office Use Only

\*A 12-month period beginning January 1 and ending December 31.

TOTAL NUMBER OF RECEIPTS ATTACHED: \_\_\_\_\_ TOTAL CHARGES: \$ \_\_\_\_\_

All Fitness Benefit payments will be sent to the Subscriber's address on file, unless you attach a separate note indicating a different name and address.

## CERTIFICATION AND AUTHORIZATION (This form must be signed and dated below.)

I authorize the release of any information to Blue Cross and Blue Shield, Inc. about my health club membership. I certify that the information provided in support of this submission is complete and correct and that I have not previously submitted for these services.

Subscriber's/Member's Signature: \_\_\_\_\_ Date: \_\_\_\_\_